



# ITINERARY

## WHEELS4WATER CAMBODIA 2020: RIDE FOR CLEAN WATER

### 2020 RIDE DATES

#### WHEELS4WATER RIDE

Jan. 23 - Feb. 1 (plus travel time)

#### WHEELS4WATER RIDE + VISION TRIP

Jan. 21 - Feb. 1 (plus travel time)

*Join a team of mission-minded people who are passionate about solving the global water and sanitation crisis! During this 8-day excursion, enjoy a ride through the heart of Cambodia. Visit temple ruins, explore the land, and meet friendly Khmer people who live throughout the countryside.*

Starting from Siem Reap and concluding at the beach in Sihanoukville, this tour aims to deliver unique travel experiences that aren't possible when traveling by any other means. The fresh air of Kirrirom, the French architecture of Kampot, and the relaxed, seaside vibes of Kep are all highlights of this bike tour.

Before you begin your tour, enjoy an optional "Vision Trip" to villages impacted by Lifewater's programs.

Together, we'll ride from Angor Wat to the Gulf of Thailand, covering 230 miles to give clean water to vulnerable and thirsty families in rural Cambodia.



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## January 21<sup>st</sup>

*Arrive for Vision Trip*

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For those interested in having an unscripted experience of Lifewater's [Vision of a Healthy Village](#) approach to safe water access, your journey in Cambodia begins with an arrival at Siem Reap International Airport. Vision trip opportunities are for donors to experience Lifewater programs, effectively walking alongside national staff to see the impact of safe water access in rural villages. We hope you'll be inspired by Christ's work amongst the rural poor and encouraged to work towards ending the global water and sanitation crisis for years to come.

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## January 22<sup>nd</sup>

*Vision Trip Day*

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After a night's rest, we'll wake with the Cambodian sunrise and head to our field office, the headquarters for all Lifewater work in Southeast Asia. From there, we'll step into the villages to experience stages of Lifewater programs. This involves visiting [Healthy Homes](#), communities that are just becoming [Healthy Villages](#), and a village that has not yet been served. Throughout this day, we'll see the gospel in action in a country where only 3.2% of the population professes faith in Jesus.

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## January 23<sup>rd</sup>

*Arrive to Siem Reap, Welcome Dinner,  
Phare Circus*

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For those who choose to begin their journey in Cambodia with the Ride for Clean Water, you'll arrive at Siem Reap International Airport on January 23. Before noon, we'll be there to transfer you to the [Shinta Mani hotel](#), a comfortable, centrally-located hotel near the Old Market area. At 4 p.m., we'll meet for a briefing and a chance to try out the bikes before heading out for an authentic Southeast Asian dinner.

This evening, you'll have front-row tickets for the 8 p.m. showing of "Phare: The Cambodian Circus." Phare performers use theatre, music, dance, and modern circus arts to tell uniquely Cambodian stories. The circus artists will astonish you with their energy, emotion, and talent.

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## January 24<sup>th</sup>

*Tour Begins: Angkor  
Sunrise Discovery*  
15.5 miles (25 km)

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Today, you'll begin your 8-day Ride for Clean Water. This day's adventure starts with a sunrise ride to see a landmark monument in An-gor Wat. This is the best time of day to see this amazing structure and to explore its extensive grounds and interior. We will explore the city at cooler temperatures this morning followed by a quick ride to breakfast.

We will continue through Angkor Park on back trails through the forest, at times cycling on levees and walls built by the great kings of the Khmer Kingdom. We will see the iconic temples of Bayon, Ta Prom. As the day heats up, we sit down to lunch, overlooking one of the smaller reservoirs of the complex, Sra Srang. Afterwards, you're free to explore the city of Siem Reap (with suggestions from your guide).



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## January 25<sup>th</sup>

*Transfer, Cycle to Battambang*

18.6 miles (30 km)

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An early start from the hotel will help us reach Battambang by late morning. Followed by lunch, we will take a late afternoon cycle to see one of the provinces' most stunning 11th-century temples at Phnom Banan. Finally, we'll ride to Phnom Sampou where a great view can be seen from the more recently built hilltop temple. Tonight, we'll be staying at the [Bambu Hotel](#).

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## January 26<sup>th</sup>

*Cycle Battambang, Transfer to Kampong Chanang*

19.8 miles (32 km)

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This morning, we take an exciting cycle ride through the villages surrounding Battambang. Accompanied by a local university student, we will learn about the cottage industries that support these local economies. This ride is a beautiful route along the river with plenty of shade.

If you're up for more sightseeing and less riding, we'll stop to see rice paper making, banana drying, rice wine and prahok production, and visit the best snack stop in all Cambodia, the "Kralanh Shop." After returning to town, we will drive about three hours to the small town of Kampong Chanang and stay at the Sovann Phum Hotel.

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## January 27<sup>th</sup>

*Cycle, Transfer from Oudong to Kampong Speu*

37.3 miles (60 km)

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A 1.5 hour drive takes us to the former capital of Cambodia at Oudong. After visiting the mountain top temple, we ride along quiet country trails and backroads all the way to the outskirts of Phnom Penh, Cambodia's current capital city. We will ride past the city south to the town of Kampong Speu, where we will stay at a guesthouse at the [Kampong Speu City Hotel](#).

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## January 28<sup>th</sup>

*Cycle to Kirirom*

37.3 miles (60 km)

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We'll start with an early Khmer breakfast and begin the ride on quiet, unpaved roads through rice fields, sugar crops, and a variety of small communities. This ride takes us off the beaten path with views of Kirirom Mountain. After, you have the opportunity to ride 10 km in a van or continue cycling up the hill. Tonight, we will stay in a guesthouse at [VKirirom Pine Resort](#) and enjoy a night in the forest.

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## January 29<sup>th</sup>

*Transfer, Cycle to Kep*

28 miles (45 km)

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Take a much-needed break. This morning, you'll have free time to enjoy a walk on trails near our guesthouse and eat a savory breakfast. We'll leave mid-morning on a drive back to the flatlands to start our ride to the coast. Small trails and backroads past limestone karsts lead us south where we encounter the pepper plantations. We stop there to learn about this high-quality crop. When we arrive at Kep after a day cycling in Kep National Park, we'll see views of the ocean. Tonight we will stay at [Veranda Resort](#).



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## January 30<sup>th</sup>

*Cycle to Kampot*

21.7 miles (35 km)

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This day starts with free time so you can explore the Kep National Park behind our accommodation. Rabbit Island is also nearby and a boat trip out allows you to enjoy the white sand beaches. We will leave Kep around mid-afternoon to start riding on small trails and roads past Secret Lake, a reservoir. We will finish our ride at Kampot just in time for sunset on the riverside with views of Bokor Mountain. Our hotel for the night is [The Columns Hotel](#).

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## January 31<sup>st</sup>

*Transfer, Cycle to Sihanoukville*

37.1 miles (55 km)

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This morning starts with a 40-minute drive along the coast and around the base of Bokor Mountain. We will be riding through small fishing communities today on trails through mangroves and wetlands. We will also cycle past Ream National Park and ride on the hard-packed beach sand as we reach Sihanoukville. The tour ends when we arrive at Otres Beach. After completing the Ride for Clean Water, we will spend the night at [Naia Resort](#) on the beach.

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## February 1<sup>st</sup>

*Travel to Airport for Flight*

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Today, we will drive to the Sihanoukville airport and fly home. Enjoy great camaraderie, an understanding of Cambodian history and culture, and be encouraged by your contribution towards ending the global water and sanitation crisis in this beautiful country. Riders can book return flights at any time today. It is an hour drive to the airport. Transportation to the airport and breakfast will be provided.